



First
Presbyterian
Church
MOSCOW, IDAHO

News & Views

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FROM THE



PASTOR

I found myself coming out of January thinking Spring was just around the corner. Then February seemed to return to deep winter and the snow has just kept coming. While I know this is a momentary experience and the snow will really stop and spring will come, I experienced a few days of feeling oppressed by the weather. And this makes me think about the way a momentary experience colors our lives. On those cloudy days the color was gray and the beauty escaped me. Today, the sun is out and all of a sudden my spirits have lifted and the beauty even of the deep snow seems so much more obvious.

I wonder if this is not applicable to our lives in other ways as well. Do I sometimes allow the momentary setbacks or changes in my life to color everything? Can I let a particular moment so dominate my thinking and feeling that I miss the larger picture? Starting in Romans 8:15ff as Eugene Peterson translates it, we find "This resurrection life you received from God is not a timid, grave-tending life. It's adventurously expectant, greeting God with a childlike 'What's next, Papa?' God's Spirit touches our spirits and confirms who we really are." In the midst of the stress, busyness, and uncertainty of our times, I forget to turn to God in trust with an expectation that God can and will touch our spirits in a way that invites us into an adventure rather than a grind.

In fact, it is when I become mired down in the particulars of my life and forget the broader scope of God's grace and love, that I lose hope and feel the oppressiveness. Sometimes it seems I am invited to find happiness in material possessions or worldly success, both of which have limited ability to lift my spirit for long. After all, how can something that hardly acknowledges my spirit lift it? As we enter Lent, a time of introspection and questioning, we go in with a hope that the trip through the wilderness will re-establish the freeing nature of choosing God's love.

The commandments seem at times to create burdens, and can leave us wondering how to live up to the guidance we are given. Lent is a time that accepts such wondering and invites us to lay



March 6 at 5:30 p.m.
in the sanctuary

From the Pastor *...continued from Page 1*

that burden on Christ and find where he leads us. It is an invitation to see that if we go it alone we will likely end up despairing and uncertain of the purpose and meaning of life. God gives us the gift of life and shows us the way to open that gift is through God's grace in Christ Jesus.

Going back to the particular events, decisions, and actions of our lives, I believe faith in God's love and grace gives these events, decisions and actions a new frame of reference and imbues them with import as we look for and attempt to express the love and grace of God. Looking for the love and grace of God and expressing this love and grace in our lives influences the very nature of our lives and our experiences, even the mundane.

As we go into Lent, we go with God. We are not alone, nor are we led to despair. Rather, we are led to notice the difficulties of life and reflect on how Jesus also encountered these struggles, but trusted his way into eternity. And he invites us to follow him in trusting and in believing that God will lead us through and beyond to the fullness of life with God. In our moments of gray when we feel the oppression of the world, let us turn again to God – to open our hearts, minds, and souls to the freeing Spirit of God at work among us.

Grace and peace,

Norman

Ash Wednesday Taizé

marks the beginning of the season of Lent.



The service will include scripture, prayer, song, and the imposition of ashes.

Wednesday, March 6
5:30 p.m. in the sanctuary

Ash Wednesday Supper Fellowship at 6 p.m.
Pancake supper cooked and served by youth
Donations go to youth campership fund

Daylight
Savings Time
Begins March 10



Remember to set your
clocks ahead 1 hour .

**NO SUNDAY SCHOOL OR
ADULT ED CLASSES ON
MARCH 10 OR 17**

See Page 8 for details.

Puerto Rico Mission Team Departs

Our intergenerational mission team will leave for Cayey, Puerto Rico, on March 8, 2019. We will be there for 8 days, working to rebuild houses and restore spirits that were damaged by Hurricane Maria. We will travel humbly and go where we are needed. While we expect to be repairing roofs, fixing walls and clearing debris, we also hope to have a ministry of presence with those whom we are serving. We expect that God will lead us in the work that we do and to the relationships that are desired.



Our traveling team members include many Presbyterians, as well as volunteers from Emmanuel Lutheran Church, St. Mary's Catholic Church, and Pullman Trinity Lutheran Church.

Our team includes twenty-two travelers, and we are blessed with additional team members who have made financial contributions and others who will be praying for us during our time in Puerto Rico. Members of our congregation and our larger community have been very generous in support of this effort. Thank you! You are an essential part of this team and have made it possible for this work to be done in the name of First Presbyterian Church of Moscow.

If you intended to contribute to this trip but have not yet done so, or if you would like to make an additional gift, your support would be very useful. We expect to encounter needs that are beyond the basic travel costs. We hope to also channel some support directly where we see a need in our midst.

Prayer Shawl Ministry

Prayer shawl ministries are a loving part of many congregations. Shawls are knitted or crocheted by volunteers, prayed over, and then presented to those in need of healing or those dealing with grief. The shawls are intended to be symbolic of God's loving embrace, bringing comfort and peace to those who receive them. We have given out a number of shawls locally, and our mission team will take shawls with them to Puerto Rico.



If you knit or crochet and are interested in being part of this ministry please contact: Ellen Johansen, 208-301-1931, ellenjo52@gmail.com or Sally Amador, 208-874-8111, amador.sally@yahoo.com. The next meeting of the group is Tuesday, February 19, from 3:30 -5 p.m. in the church library. Drop in during this time and join us!

Digital Day 2.0

Digital Day 2.0 is coming up on March 23, 10-11:30 a.m. in the FPC library! All are invited to come learn about relevant digital topics, including how to navigate FPC's digital resources. Bring your mobile devices and questions you have, and we will help answer them! Send your RSVPs, questions, and topic requests to the church office by [email](mailto:), or call 208-882-4122.



News Briefs

SAVE THE DATE! CAMP SPALDING MISSION WEEKEND Our annual Camp Spalding mission weekend is scheduled for June 7-9. Plan now to join this working retreat where we help get camp ready for the arrival of summer campers while also taking time to experience spiritual renewal and the beauty of Camp Spalding. A great family activity! Watch for details to come.

CAROL RENFREW CIRCLE will meet on Thursday, March 28, at 1:30 p.m., in the Chapel room. Lesson 8 in our Cloud of Witnesses study is titled *In Community with the Household of Faith*. Scripture passages for the lesson lead us through *Hebrews 3:1-6; Numbers 12:7; Hebrews 13:1-6; James 2:1-4; and Psalm 127:1-2*. All women are invited to come for Bible study and fellowship.

NEW COFFEE HOUR TREAT TEAM SCHEDULES are available in the church office for anyone who would like a printed copy. Check with Kathy Pendegraft or Mary Jo Van Gerpen.

THE NEXT OASIS DAY will be Saturday, April 6. Save the date for this mini-retreat and come for a time of reflection, prayer, and spiritual refreshment.

Deacons' Spotlight

Megan Rich, our church piano accompanist for the past two years, originally hails from Columbus, OH. Her family did a short stint in Seattle, but moved to Sandpoint, ID when she was 5 years old. She was homeschooled and grew up in the Kootenai Community Church. Since the age of 12 she was a member of her church worship band, singing and playing guitar and piano. Prior to joining us she worshipped at Trinity Baptist in Moscow. She now considers our FPC family her "people".

Megan came to UI from North Idaho College. Her two younger sisters have joined her in Moscow this year. Megan will receive her Masters degree from the UI Lionel Hampton School of Music this May in piano performance. She plans to stay in Moscow one more year and hopes to continue to play for us next year. Her boyfriend, Derek Blood, a Moscow native, will finish his music degree next year. They will be looking at Florida State, University of Illinois and University of Oklahoma to further their education. She would like to end up in a big city teaching piano at a studio.



Megan is very active in the music community at UI. In addition to playing for us at FPC, she is the accompanist for the Vandaleers, the UI orchestra, a UI Improv theater group and teaches 12 piano students at the UI teaching prep center. Most evenings and weekends you will find her at the music school! In her free time, she enjoys superhero movies, concerts and stand-up comedy. She listens to pop music, not classical piano!

Her favorite hymns are "Be Thou My Vision," "Amazing Grace" and "Take My Life." "*Take my life, and let it be Consecrated, Lord, to Thee*" was taped to her mirror in high school. Her favorite scripture is Phil. 2.5: *Your attitude should be the same as Christ Jesus.*

~ Dianne Daley Laursen, Deacon



SEVENTH ANNUAL
*Comfort Food
Cook Off*

Featuring: *Jon Anderson and Rand Walker*

SATURDAY, MARCH 23, 2019

5 PM TO 7 PM

TRINITY BAPTIST CHURCH

711 Fairview Dr.

Moscow, Idaho 83843

**Competing Chefs.
Trophies. Entertainment.
A fabulous dessert auction.
A tasty fundraiser that brings
our communities together
and supports our mission.**

**Tickets \$10 Adults/ \$5 Child
or \$30 For Family of 4**

 **Contact** Your Congregation's
Volunteer Coordinators
 www.familypromisepalouse.org
 info@familypromisepalouse.org
 208-882-0165

*We are currently hosting our 62nd family since October 2013
and continue to provide after-care services to many who have
moved on towards independence.*

**Benefits go towards ending homelessness on the
Palouse, one family at a time.**

Tickets are available in the church office.

Wednesday Supper Fellowship

Wednesday Supper Fellowship volunteers provide delicious hot meals to all comers. While enjoying supper, we also get to take time to visit and make new friends. Church members are encouraged to bring guests, and visitors from the community are always welcome. The meal is free, but donations are appreciated. Here's what's cooking this month:

March 6—Ash Wednesday pancake and sausage supper prepared and served by our youth as a fundraiser for Camp Spalding camperships. Thank you for supporting our youth!

March 13—Spring break, NO supper this week.

March 20—Luck of the Irish: corned beef and cabbage with potatoes and carrots, sour cream cucumber salad, cornbread, and St. Pat's Day lime poke cake. John Farbo is our head chef.

March 27—Taco bar with salad and dessert, prepared by Sally Amador, Suzie Trail, Karen Huntington, and Chris Richardson.



Here's the WSF "recipe of the month" from February, courtesy of Bill Ward.

Moroccan Braised Beef (Based on recipes from Epicurious.com and Grouprecipes.com)

3 tablespoons olive oil, divided	½ cup dry Sherry
1 ½ to 2 ½ pounds boneless chuck roast or chicken breast, cut into ¾ inch cubes	1 cup dry red wine
2 cups chopped onions	2 cups beef or chicken broth
3 garlic cloves, chopped	1 15 oz. can garbanzo beans, drained and rinsed
1 T garam masala	1 14 ½ oz. can of diced tomatoes in juice (feel free to use more)
1 T paprika	1 ½ cups golden raisins
1 t ground cumin	1 large carrot, chopped (optional— feel free to use more)
1 ½ t ground cinnamon	½ cup fresh cilantro – chopped
½ t turmeric	
½ t cayenne pepper	

Additional broth or rice, as desired, to achieve desired consistency.

Wine and Sherry can be left out, if desired. Just skip the instruction to reduce to a glaze.

Heat 2 tablespoons oil in large pot over medium-high heat. Sprinkle meat with salt and pepper. Add meat to pot; sauté until no longer pink, about 5 minutes. Transfer meat to bowl.

Heat 1 tablespoon oil in same pot. Add onions; sauté until brown, about 8 minutes. Add garlic and spices; stir one minute. Add wine and Sherry; boil until reduced to glaze, stirring occasionally, about 8 minutes.

Add broth, tomatoes with juice, garbanzo beans, and raisins. Stir to blend. Add meat and accumulated juices; bring to simmer. Add additional broth, if needed, to achieve desired "soupiness." If it is TOO soupy, add some rice—but not too much as it really thickens a soup. Simmer until meat is tender, stirring occasionally, about 1 hour and 15 minutes. About 15 minutes before soup is done, add carrots and cilantro. Sooner for softer carrots; later for crispier carrots. Season with salt and pepper, if desired.

Disclaimer: this is more or less the way I make Moroccan Stew for Fellowship Dinners. I doubt that I have ever actually followed the complete recipe because this is such a good starting point for experimenting in the kitchen!

TIME TO UPDATE YOUR DIRECTORY INFORMATION

We are in the process of preparing a new church photo directory. Directories are distributed within the congregation only and help us to keep in touch with each other. If you attend FPC regularly, we would like to include you in our directory.

Please help us by taking a minute to provide your current information as you would like it to appear in the directory. Fill out the information below and drop it in the offering plate, mail it or email it to the office, or leave it on the desk in the church office. Thanks!



NAME(S) _____

NAMES OF CHILDREN _____

MAILING ADDRESS _____

MAIN PHONE NUMBER _____

ADULT 1 NAME _____

CELL PHONE NUMBER _____

EMAIL ADDRESS _____

ADULT 2 NAME _____

CELL PHONE NUMBER _____

EMAIL ADDRESS _____

COMMENTS OR ADDITIONAL INFORMATION:

And don't forget...

PHOTOS NEEDED A new church directory is coming out soon, and we would like to include a photo of each person/family. We are especially looking for photos of families and individuals who are new to our congregation since last year. If you have a recent picture to include in our 2019 directory (and also to add to the photo board in the narthex), please email it to the [church office](#) within the next couple of weeks.

FAMILY MINISTRY

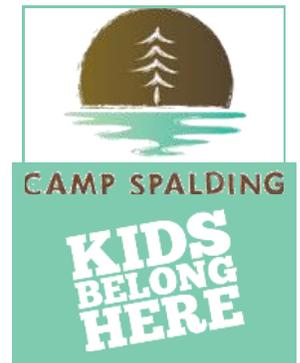
Jeremiah Nealon, Director of Family Ministry aslanscountry@gmail.com

March 6 is our annual Ash Wednesday Pancake Feed fundraiser. This event helps fund our summer camping opportunities! Our youth will be in the kitchen to make pancakes, sausages, etc. All of the donations from the supper will go into our camp scholarship fund. Thanks for supporting our youth!



March 22-23 will be the 30-Hour Famine. Students are invited to fast for 30 hours, hang out at the church from 4 p.m. on March 22 through noon on March 23, and participate in a series of activities meant to increase awareness of those in the world facing food insecurity. Since this is a fundraiser for World Vision, youth will be seeking sponsors to donate to the famine. If you see any of our youth, ask them how you can help this worthy cause. Every \$500 we raise will feed one child for a year.

I mentioned camp earlier...so let's talk camp. Arts Camp is June 14-20 this summer. Last summer was a total blast and I think most kids are excited about going again. Cost for the week is \$495. The church has scholarships to offer and fundraising opportunities (like Pancake feeds) are available as well. If you want to go, we can make it happen. Don't be left out. Camp Spalding had several full camps last summer. Register early to make sure your child's summer includes a week full of classic summer camp fun, great friendships, spiritual growth and new adventures at Camp Spalding!



Coloring Sheets are for grown-ups, too. You may have noticed the colorful posters on the Family Ministry bulletin board in the narthex. They were colored by children and adults during Advent, and each one features a word from Advent. Starting March 10, we will have similar coloring sheets for Lent on the table at the back of the sanctuary during worship and I invite everyone to join the children in completing a poster each Sunday. Stop and color a bit on your way into worship, or on your way out. Color during coffee hour. Get to know our kids while you make something beautiful together.

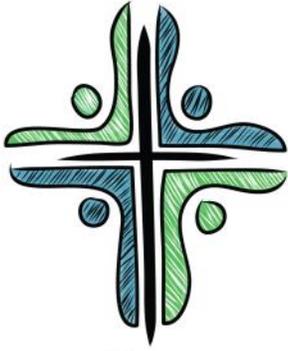


NO SUNDAY SCHOOL FOR CHILDREN, YOUTH OR ADULTS ON MARCH 10 OR 17

All our Sunday School teachers will be on the mission trip or away for spring break, so classes will not meet. See you again on March 24!

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 9a Session retreat
						End of Family Promise Host Week
3 9:15a Sunday School for all ages 10:30a Worship 2p Nursing Home Services	4 6p Scout Troop Committee 7p BSA Scout Troop 344 (boys)	5 9a Classical Conversations 6:30p Stephen Min. 7p BSA Scout Troop 333 (girls)	6 ASH WEDNESDAY 10:30a Women's Bible Study 11a Men's Bible Study 4:30p Youth Group 5:30p Taizé 6p Supper Fellowship 7p Choir	7 6:30p Men's Group at Shari's 12:30p FOON 5:30p Praise Team	8 Mission Team departs for Puerto Rico	9 Mission Team arrives at work site 9a EDGE adult scout leader training (all day)
10 Daylight Saving Time Begins NO SUNDAY SCHOOL 10:30a Worship—Rev. Dawn Beamish of CCC preaching	11	12 9a Classical Conversations	13	14 6:30p Men's Group, Shari's	15	16
Spring Break — most regular activities cancelled this week Mission Team is in Puerto Rico – please keep them in your prayers						
17 NO SUNDAY SCHOOL 10:30a Worship—Donan Nealon in the pulpit	18 7p Deacons 7p BSA Scout Troop 344 (boys)	19 9a Classical Conversations 3:30p Prayer Shawl Ministry 6:30p Stephen Min. 7p BSA Scout Troop 333 (girls)	20 11a Men's Bible Study 5:30p Taizé 6p Supper Fellowship 6:30p Youth Group 7p Choir	21 6:30p Men's Group at Shari's 12:30p FOON 5:30p Praise Team 5:30p Lael Board	22	23 10a Digital Day 2.0 2-5:30p Birthday party in FH 5-7p at Trinity Baptist Church—Family Promise Comfort Food Cook-off benefit
24 9:15a Sunday School for all ages 10:30a Worship	25 7p Session 7p BSA Scout Troop 344 (boys)	26 7p BSA Scout Troop 333 (girls)	27 10:30a Women's Bible Study 11a Men's Bible Study 5:30p Taizé 6p Supper Fellowship 6:30p Youth Group 7p Choir 7p Scout Committee	28 6:30p Men's Group at Shari's 12:30p FOON 1:30. Carol Renfrew Women's Circle 5:30p Praise Team	29	30 30-Hour Famine
31 9:15a Sunday School for all ages 10:30a Worship	April 1 7p BSA Scout Troop 344 (boys)	2 9a Classical Conversations 6:30p Stephen Min. 7p BSA Scout Troop 333 (girls)	3 10:30a Women's Bible Study 11a Men's Bible Study 5:30p Taizé 6p Supper Fellowship 6:30p Youth Group 7p Choir	4 6:30p Men's Group at Shari's 12:30p FOON 5:30p Praise Team	5	6 10a Oasis Day



First
Presbyterian
Church

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Moscow, Idaho 83843

Phone: 208-882-4122
E-mail: office@fpcmoscow.org
Facebook: Moscow FPC
Web: fpcmoscow.org

First Presbyterian Church
"Growing in Christ"

Sunday Worship 10:30 a.m.

Followed by coffee fellowship

Sunday School for all ages 9:15 a.m.

ALL ARE WELCOME!

Office Hours: Monday – Thursday 9:00 a.m. to 4:30 p.m.
Friday 9:00 a.m. to noon

Pastor Norman Fowler
fpcpastornorman@gmail.com